

SCHOOLCRAFT HEALTH SERVICES

ASTHMA INFORMATION REQUEST

SCHOOL YEAR: _____

STUDENT: _____ **GRADE:** _____ **AGE:** _____

We want your child to receive appropriate support for his/her asthma while attending Schoolcraft. Please complete this in consultation with your physician and return it to the address at the end of the form. Contact the SLC Health Services provider at 218-586-8772 with questions or concerns. Attach additional information as needed, including physician medication orders or greater detail about your child's asthma history.

ABOUT SCHOOLCRAFT'S PROGRAM:

1. Schoolcraft uses the outdoors as a learning environment. Your student will be exposed to trees, grasses, dust, pollens, molds, insect bites, and a host of other environmental factors. Note that student's walk outdoors year round to move among learning centers and will do so in all kinds of weather (including cold and rain).
2. We recommend that students who use a rescue inhaler keep it with them (on their person) and that your child's classroom teacher be told where that is.
3. At minimum, a person trained in first aid and CPR is available when school is in session. Access to a physician, clinic, and/or hospital is at least a 30 minute ride to Bemidji. Sometimes it may take longer.
4. There is supporting oxygen available at the school.
5. Schoolcraft staff are told that children with asthma are capable self-managers and that these students know when to use their medication and/or amend activity to compliment their health status. Parents/guardians should contact Schoolcraft if this does not apply to their child.

WHAT TRIGGERS YOUR CHILD'S ASTHMA?

- Exercise
- Fatigue
- Dehydration
- Stress
- Food Item
- Smoke
- Respiratory Infections/common cold
- Allergen _____
- Other _____

Provide details about the triggers for teachers and staff to be aware of:

USING A PEAK FLOW METER:

We recommend using a peak flow meter as a way to monitor your child's asthma and notes signs of a potential flare before it is established. Please have your child bring his/her peak flow meter if this is part of his/her care plan. When does this child take peak flow readings?

- Breakfast
- Lunch
- Dinner
- Bedtime
- Other: _____

Routine peak flow reading for this child (green range): _____

Caution Range (yellow): _____

What should be done if this child's peak flow reading drops to the caution/yellow range?

Danger Range (red zone): _____

What should be done if this child's peak flow reading drops to the danger/red zone?

MEDICATIONS:

Medications given during the school day are supervised by the school's nurse and kept in the school's office - with the exception of inhalers that are carried by the child.

Medications are usually dispensed at mealtime and brought to the dining room so if your student doesn't have to interrupt his/her activity to get them. While we'd like to use mealtime as much as possible to give routine medications, we can arrange a different time if needed (i.e. mid-morning, mid-afternoon).

These medications are used daily to manage this child's asthma:

NAME OF MEDICATION	DOSE GIVEN	TIME GIVEN	REASON FOR USE

These medications are taken "as needed" to prevent an asthma flare:

NAME OF MEDICATION	DOSE GIVEN	TIME GIVEN	REASON FOR USE

These medications are used when this child's asthma flares:

NAME OF MEDICATION	DOSE GIVEN	AT WHAT POINT SHOULD THIS BE USED?	WHAT EFFECT SHOULD BE EXPECTED & HOW QUICKLY?

NEBULIZER TREATMENT & USE:

Will this child bring a nebulizer to school? YES NO

IF YES, We expect that the child knows when he/she needs a nebulizer treatment and how to use the machine.

What medication is used via nebulizer? _____

Nebulizers and Nebulizer Medications are kept in the school office and available when needed by the student.

AT WHAT POINT SHOULD WE NOTIFY YOU (Parent, Guardian) ABOUT AN ASTHMA FLARE?

AT WHAT POINT SHOULD THIS CHILD BE TAKEN TO A PHYSICIAN OR HOSPITAL?

YOUR SIGNATURE: _____

RELATIONSHIP TO STUDENT: _____

DATE: _____

RETURN TO: SLC Health Services
Concordia Language Villages
8630 Thorsonveien NE
Bemidji, MN 56601